

Soaker Pads are NOT an Appropriate Device for Repositioning

The purpose of a soaker pad (e.g. incontinence or bed pad) is to absorb body fluids to protect the client's skin and keep the bed linens dry.

Soaker pads **do not** have the low friction qualities required for repositioning and will increase the risk of injury to the worker.

Assess and Select the Appropriate Device

Your client assessment will lead you to the most appropriate choice of repositioning device, such as:

- slider sheets
- repositioning sheets
- long or short tubular rollers
- glider boards



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In situations where more assistance is required than a repositioning device can provide, consider using a mechanical lift to assist with reducing/eliminating risks associated with the moving task.

Saskatchewan's occupational health and safety legislation, Regulation 470, states that the employer shall provide the equipment and ensure that workers use the equipment to assist with the moving task.

Refer to the TLR User Manual for information on repositioning techniques. Refer to your employer's applicable policies and procedures.

Be Accountable: Choose safety - work safe - and go home injury free!