

Donning & Doffing PPE Checklist

DONNING PPE	
<ul style="list-style-type: none"> • PPE and supplies have been gathered and inspected prior to starting donning process. • PPE can increase based on risk assessment. 	
DONE (X)	STEPS
	1. HCW (Healthcare worker) has completed the following: <ul style="list-style-type: none"> • Hair tied or pulled back if needed
	2. Perform hand hygiene for minimum of 15 seconds
	3. Don gown <ul style="list-style-type: none"> • Fasten both top and waist tie
	4. Don mask or fit tested N95 Respirator <ul style="list-style-type: none"> • Perform seal check
	5. Don safety glasses/goggles or face shield
	<ul style="list-style-type: none"> • Place over the eyes (or face). • Adjust to fit
	6. Don gloves <ul style="list-style-type: none"> • Place glove cuff over the cuff of the gown
	7. Final PPE check <ul style="list-style-type: none"> • HCW performs basic movements for work tasks
DOFFING PPE	
<ul style="list-style-type: none"> • PPE Coach supervises proper PPE removal for each step of the PPE doffing checklist steps to the HCW ensuring adherence to protocols. • Coach watches closely and provides coaching for each step ensuring sufficient time without distraction reinforcing positioning of hands keeping them away from face and clothing at all times. • Prior to removal of PPE, coach will remind the HCW to avoid reflexive actions that may put them at risk, such as touching their face, and to perform each step slowly and carefully. 	
DONE (X)	NEAR DOORWAY but away from clean supplies
	1. Remove gloves <ul style="list-style-type: none"> • Grasp the outside edge of the glove near the wrist and peel away from the hand, turning the glove inside-out. • Hold the glove in the opposite gloved hand. • Slide an ungloved finger or thumb under the wrist of the remaining glove. • Peel the glove off and over the first glove, making a bag for both gloves. • Put the gloves in the garbage
	2. Perform hand hygiene for minimum of 15 seconds
CONTINUED ON OTHER SIDE	

DOFFING PPE continued

- PPE Coach supervises proper PPE removal for each step of the PPE doffing checklist steps to the HCW ensuring adherence to protocols.
- Coach watches closely and provides coaching for each step ensuring sufficient time without distraction reinforcing positioning of hands keeping them away from face and clothing at all times.
- Prior to removal of PPE, Coach will remind the HCW to avoid reflexive actions that may put them at risk, such as touching their face, and to perform each step slowly and carefully.

DONE (X)	STEPS		
	<p>3. Remove gown gently</p> <ul style="list-style-type: none"> • Unfasten top tie first, then waist tie • Grasp the outside of the gown at the back of the shoulders and pull the gown down over the arms. • Turn the gown inside out during removal. • Continue folding the gown inward on to itself away from you until it is small enough to discard. • Put in hamper or, if disposable, put in garbage. 		
	4. Perform hand hygiene for minimum of 15 seconds.		
	EXIT ROOM & CLOSE DOOR		
	5. Perform hand hygiene for minimum of 15 seconds.		
	<p>6. Remove eye protection</p> <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <p><i>Disposable Face Shield</i></p> <ul style="list-style-type: none"> • Handle only by headband or ear pieces. • Carefully pull away from face. • Put into garbage. </td> <td style="vertical-align: top; width: 50%;"> <p><i>Reusable Goggles</i></p> <ul style="list-style-type: none"> • Put on clean gloves. Obtain disinfectant cloth (Accel or Clorox) and open cloth fully. • Remove eye protection • Using one hand, lift away eye protection from face. Keep hand steady in place. • Clean safety glasses/goggles from clean to dirty in this order: inside lens, strap/arms, cord (if applicable), one side, front lens and transfer cloth to opposite hand to clean last side. Ensure all areas are cleaned. • Place eye protection on clean surface. • Allow eye protection to air dry. </td> </tr> </table>	<p><i>Disposable Face Shield</i></p> <ul style="list-style-type: none"> • Handle only by headband or ear pieces. • Carefully pull away from face. • Put into garbage. 	<p><i>Reusable Goggles</i></p> <ul style="list-style-type: none"> • Put on clean gloves. Obtain disinfectant cloth (Accel or Clorox) and open cloth fully. • Remove eye protection • Using one hand, lift away eye protection from face. Keep hand steady in place. • Clean safety glasses/goggles from clean to dirty in this order: inside lens, strap/arms, cord (if applicable), one side, front lens and transfer cloth to opposite hand to clean last side. Ensure all areas are cleaned. • Place eye protection on clean surface. • Allow eye protection to air dry.
<p><i>Disposable Face Shield</i></p> <ul style="list-style-type: none"> • Handle only by headband or ear pieces. • Carefully pull away from face. • Put into garbage. 	<p><i>Reusable Goggles</i></p> <ul style="list-style-type: none"> • Put on clean gloves. Obtain disinfectant cloth (Accel or Clorox) and open cloth fully. • Remove eye protection • Using one hand, lift away eye protection from face. Keep hand steady in place. • Clean safety glasses/goggles from clean to dirty in this order: inside lens, strap/arms, cord (if applicable), one side, front lens and transfer cloth to opposite hand to clean last side. Ensure all areas are cleaned. • Place eye protection on clean surface. • Allow eye protection to air dry. 		
	7. Perform hand hygiene for minimum of 15 seconds		
	<p>8. Remove mask</p> <table border="0" style="width: 100%;"> <tr> <td style="vertical-align: top; width: 50%;"> <p><i>Surgical Mask</i></p> <ul style="list-style-type: none"> • With one hand on each strap, remove mask being careful not to allow outside of mask to touch face. • Place mask in garbage. </td> <td style="vertical-align: top; width: 50%;"> <p><i>N95 Respirator</i></p> <ul style="list-style-type: none"> • Lift the bottom elastic over your head, then the top elastic. • Lift mask away from your face while holding the elastic. • Place mask in garbage. </td> </tr> </table>	<p><i>Surgical Mask</i></p> <ul style="list-style-type: none"> • With one hand on each strap, remove mask being careful not to allow outside of mask to touch face. • Place mask in garbage. 	<p><i>N95 Respirator</i></p> <ul style="list-style-type: none"> • Lift the bottom elastic over your head, then the top elastic. • Lift mask away from your face while holding the elastic. • Place mask in garbage.
<p><i>Surgical Mask</i></p> <ul style="list-style-type: none"> • With one hand on each strap, remove mask being careful not to allow outside of mask to touch face. • Place mask in garbage. 	<p><i>N95 Respirator</i></p> <ul style="list-style-type: none"> • Lift the bottom elastic over your head, then the top elastic. • Lift mask away from your face while holding the elastic. • Place mask in garbage. 		
	9. Perform hand hygiene for minimum of 15 seconds		