



### Mobility Check Sheet

To assist with determining the appropriate technique for a safe move, review resource information including the care plan and progress notes, as well as the TLR User Manual<sup>®</sup>.

Client: \_\_\_\_\_

Client Number: \_\_\_\_\_

Complete the "Date Initiated" and initial in the "ID" section. Indicate the level of assessment. Complete the TLR client assessment process and then specify the appropriate technique based on resource information and the Mobility Flow Sheet (see reverse side of this form). If a mechanical lift is required, include sling type and size. Place the appropriate TLR logo in a visible spot at/near the client's bedside; write in assistive devices on the logo if necessary. The completed Check Sheet becomes part of the client chart. When a re-assessment is initiated, stroke through the existing information and record the date discontinued by "Date D/C" and initial the "ID" section.

Key: I - Initial Client Mobility Assessment | R - Re-assessment

**client "in-transition":** document re-assessments on the narrative/progress notes of the client's chart

Date Initiated	ID	I	R	Technique	Sling Type	Sling Size	Date D/C	ID

**client not in-transition:** document re-assessments on the narrative/progress notes of the client's chart

Date Initiated	ID	I	R	Technique	Sling Type	Sling Size	Date D/C	ID

**Assistive Devices:**

- glasses
- hearing aide
- walker
- cane
- wheelchair
- Sask-a-Pole
- rubber bath mat
- telephone shower
- long tubular rollers
- turning/repositioning sheets
- wall bar x 1
- wall bar x 2
- wall bar x 3
- short tubular rollers
- tub seat
- transfer tub seat
- toilet arm rests
- full length glider boards
- tub clamp
- tub lift

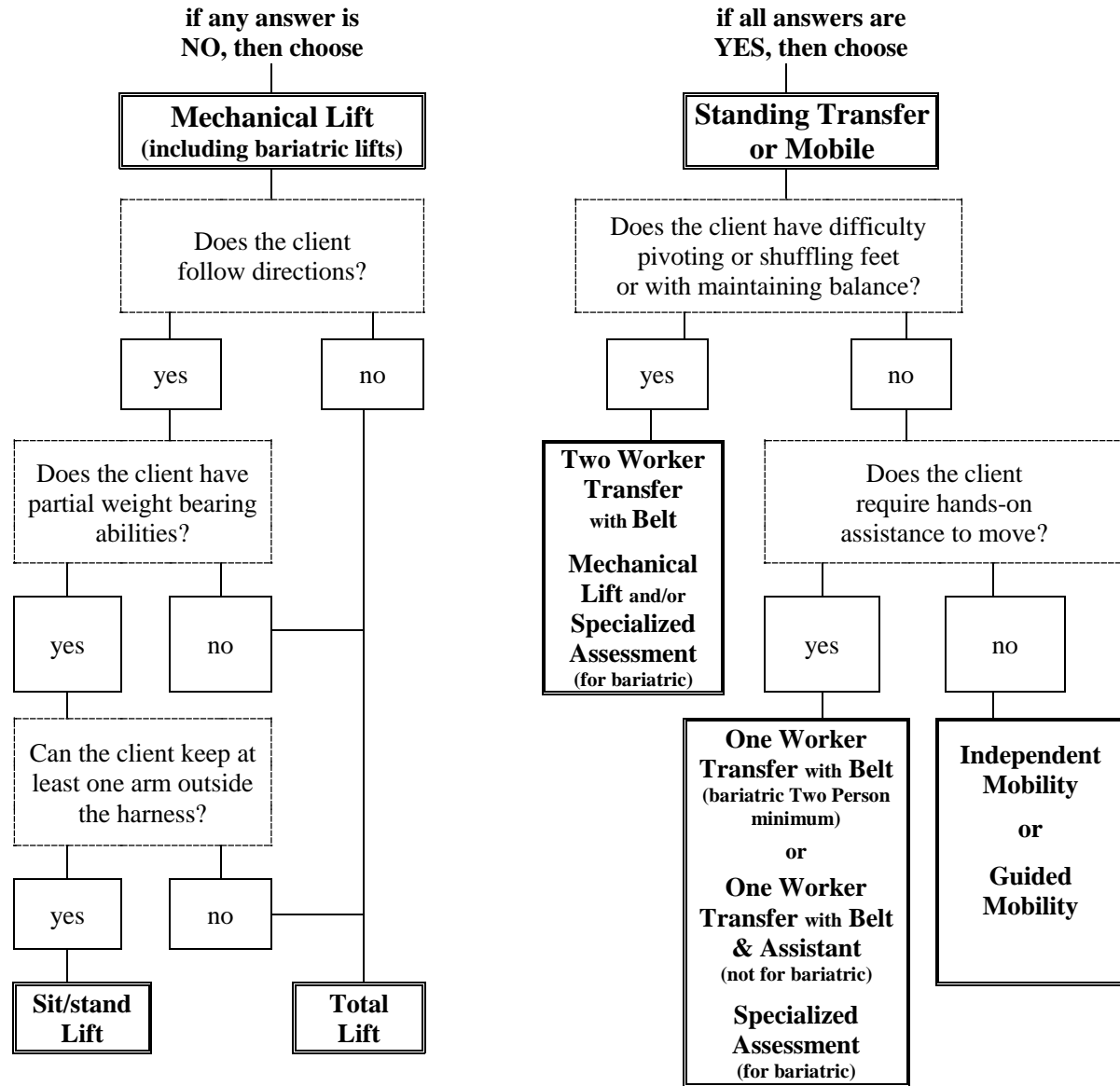


## Mobility Flow Sheet

Determine the appropriate transferring, lifting or repositioning technique using the TLR client assessment process: review resource information, including the care plan, progress notes and the \*TLR User Manual<sup>®</sup> for additional information.

**Key questions to determine the appropriate and safest moving technique** (mechanical lift, standing transfer, independent or guided mobility):

<b>At the time of the move, is the client:</b>	1. predictable and reliable in physical and mental performance?	yes	no
	2. cooperative?	yes	no
	3. able to bear their own body weight for 20 seconds?	yes	no



There is no mobility flow sheet for repositioning. A **reposition** is a moving technique:

- that is most often performed with a **minimum** of two workers and may require equipment/assistive devices (e.g., turning/repositioning sheets, tubular rollers, glider boards, etc.)
- that involves shifting, moving and/or adjusting a client's entire body weight from one position to another
- that involves moving a client between two bed-like surfaces of equal height
- in which a client is physically unable to move their body weight.

\*TLR User Manual - Module 2 for risk assessment; Module 4 for client moving techniques. A Specialized client mobility assessment is completed by a team with the expertise to conduct the assessment.

The TLR program defines a bariatric person as any individual who possesses a Body Mass Index (BMI) greater than 34 kg/m<sup>2</sup> and has physical and/or psychological risk factor(s) and/or medical condition(s) that could potentially jeopardize the safety of the worker and/or client in the performance of transferring, lifting or repositioning tasks. Additional caregivers and appropriate equipment may be required in order to complete safe client moving techniques.