

At a Glance:

Family Presence Levels during COVID-19

Level 1: Pandemic Restrictions

Frequency of Family Presence

- Two essential family/support persons can be designated for each patient or resident.
 - **NOTE** that more than two essential family/support persons can be designated for patients in these areas: critical care; intensive care; end of life or palliative care.
- One person can be with the patient patient or resident at a time.
 - **NOTE** that two essential family/support persons can be present at the same time in these areas: critical care; intensive care; maternal, postpartum and pediatric units; end of life or palliative care.
- Residents can access the community if they are able to and follow the current Public Health Order.

Daily, as can be accommodated by the care team.

Level 2: Increased Pandemic Restrictions

Frequency of Family Presence

- One essential family/support person can be designated for each patient or resident.
 - **NOTE** that more than two essential family/support persons can be designated in these areas: critical care; intensive care; end of life or palliative care.
- One person can be with the patient or resident at a time.
 - **NOTE** that two essential family/support persons can be present at the same time in these areas: critical care; intensive care; maternal, postpartum and pediatric units; end of life or palliative care.
- Patient day passes, essential appointments, and access to healing centres will be determined in consultation with the care team.

Daily, as can safely be accommodated by the care team; reduced frequency or staggered presence may be needed.

Level 3: Highest Pandemic Restrictions

Frequency of Family Presence

- Two family/support members can be present at same time for:
 - o palliative care, hospice care or for those who are at high risk for loss of life
 - o supporting patients and residents who have experienced a dramatic shift in function
 - o patients and residents who are unlikely to leave the hospital or home
 - o supporting patients in these areas: critical care; intensive care; maternal, postpartum and pediatric units
- One essential family/support person can be designated for all patients and residents to assist with care if needed (self-care, mobility, nutrition & behavioural needs). This must be approved by the care team.
- Patient day passes, essential appointments, and access to healing centres will be determined in consultation with the care team.

Daily, as can safely be accommodated by the care team; reduced frequency or staggered presence may be needed.

Compassionate Care and Level 90

Currently, most long term care family presence is restricted by Public Health Order to compassionate care reasons only. This means that each resident can designate two essential family/support persons for quality of life or care needs unmet. One person can be present at a time indoors. For end-of-life situations, more than two people can be designated and two people can be present at a time. For homes with at least 90% of residents who have received their full vaccinations for three weeks (now known as Level 90), there is no limit on the number of designated visitors; up to two visitors may visit indoors and up to four outdoors. Fully vaccinated residents may leave on a day pass without quarantine upon return. A resident who cannot be vaccinated may visit with individuals who have received two doses of vaccine at least three weeks prior.

The Medical Health Officer may restrict family presence in a long-term care home that is in outbreak or if there is additional risk.

At any level, in either acute care or long term care, family/support persons should consult with the care team to discuss children attending in person. Children must be accompanied by an essential family support person.

